

# NEWS

## SPORTING CHALLENGE

# Triumphant second town triathlon

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**The race director of the Berkhamsted Triathlon has hailed a 'slick and successful' event as athletes swam, biked and ran around town for the second time.**

Triathletes completed 16 lengths of the Knox Johnston Sports Centre pool before cycling a loop of 20km and then running 8km to the finish line.

It took place on Sunday morning, for only the second time, and race director Cliff King was delighted to see the event at full capacity with 200 athletes.

He said: "It was such a success. The weather was amazing, it was busy, very slick and given it was only the second one we've done, it went so smoothly.

"The feedback has been

great and the volunteers were amazing."

Mr King, one of only a few people in the world to be a certified Vivo Barefoot Running coach, is already looking forward to next year's event when he hopes to increase numbers to at least 250.

He thanked all the volunteers, 'very supportive' Berkhamsted School for hosting and primary sponsors Knight Frank and Ashmei.

Kieran Lindars was quickest around the course, with a blistering time of 1:08:45 – almost five minutes quicker than Gareth Sylvester-Bradley in second place.

The quickest woman was Louise Croxon, placing her 11th overall. She registered a time of 1:24:14, with Jen Lande in second place with a time of 1:29:27.

Visit [www.berkhamstedtriathlon.com](http://www.berkhamstedtriathlon.com) for a full run-down of the results.



Elaine Bunn grabs her bike for the cycling leg after a 400m swim, with supporters cheering her on

## COMMUNITY

# All the fun of the fair at village's annual bank holiday event

There will be Morris men, maypole dancing and May queens aplenty at this year's Aldbury May Fair, where the village will be a hub of fun from noon to 5pm.

For the youngsters, there will be the laser arena, climbing wall and fair-ground rides as well as an array of stalls selling local crafts, gifts and food.

You better not miss out on the Teddy Tower Challenge, seeing the stuffed bears fly down a zip wire!

The school hall will host an art exhibition, displaying local artists' work.

Foodies will be impressed with handmade burgers from Berkhamsted's Eastwood's butchers, Indian and Caribbean street food from the Cinnamon Travelling Cafe, a giant paella from Ashridge Delicious, a hog roast from The Greyhound and barbecue from The Valiant Trooper.

Access to the village will be via Station Road as Stocks Road will be closed. The fair is free but there is a £3 parking charge per car, with proceeds going to Friends of Aldbury School and the Ridgeway Scouts.

## It's ladies' night at the car dealership

Ladies who want to learn more about car maintenance and safety now have the chance at a free event in Tring. Roy Chapman's garage on Western Road is holding the hands-on event on Thursday, May 19 from 7pm to 9pm. Mechanics will run a workshop on how to look after your car, while police will talk about road safety and 'crash for cash' insurance fraud. Email [justine@roychapman.com](mailto:justine@roychapman.com) to register your interest.

## Health bosses on awards shortlist

Herts Valleys Clinical Commissioning Group is up for two national awards. The CCG, which oversees local healthcare, has been shortlisted twice in the Health Service Journal Value in Healthcare Awards. The Community Navigators team is a finalist in the community health service redesign category, and the Community Gynaecology Service has been shortlisted in the Obstetrics and Gynaecology category. Judging will take place this month before the awards ceremony on Tuesday, May 24 in Manchester.

## CRIME

# Vandals break into shooting lodge

Vandals broke into a shooting lodge just north of the National Trust visitor centre on the Ashridge estate and caused 'extensive damage'. The incident happened be-

tween 5pm on Wednesday, April 13 and 9am on Thursday, April 14. The crooks found nothing inside before leaving. Those with information should call police on 101.

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## Working Open Event

Friday 29th April, 1.30pm - 3pm

You will need to book, and places are limited. Please call the Registrar on 01442 839169 or email [registrar@abbotshill.herts.sch.uk](mailto:registrar@abbotshill.herts.sch.uk) to book your place.

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