

Berkhamsted Triathlon



Chip Timing Solutions Ltd

Pos.	Bibno.	Participant	Club/Sponsor	Category	CatPos.	Swim	T1	Bike	T2	Run	Finish Time
Sprint Distance											
1.	162	Kieran Lindars	Bodyworks XTC Ltd	(M) 20-24	1	04:56	00:23	0:33:51	00:25	29:08	1:08:45
2.	152	Gareth Sylvester-Bradley	Tri2O	(M) 40-44	1	06:34	00:46	0:34:41	00:35	30:55	1:13:32
3.	87	Mathew Earles		(M) 40-44	2	08:45	00:30	0:34:29	00:38	33:59	1:18:23
4.	133	Oliver Beales	Knight Frank	(M) 35-39	1	07:07	00:31	0:38:30	00:31	33:24	1:20:05
5.	77	Philip Ashburner		(M) 45-49	1	08:25	00:35	0:37:34	00:30	33:43	1:20:49
6.	110	Will Stokes		(M) 25-29	1	07:44	00:53	0:38:18	00:26	34:11	1:21:35
7.	121	Adam Metherell	Berkhamsted Cycling Club	(M) 35-39	2	07:55	00:51	0:39:45	00:50	33:09	1:22:34
8.	148	Theo Gayton	None	(M) 25-29	2	07:18	00:42	0:38:43	00:29	35:37	1:22:52
9.	160	Josh Rayner		(M) 15-19	1	05:15	00:32	0:40:43	01:12	36:15	1:23:58
10.	151	Andy Pointon		(M) 35-39	3	08:13	01:29	0:40:23	01:29	32:35	1:24:11
1.	154	Louise Croxon	Ashmei	(F) 40-44	1	06:49	01:14	0:39:41	00:31	35:57	1:24:14
11.	119	Freddy Fontannaz	Knight Frank	(M) 25-29	3	07:16	01:38	0:41:27	01:01	33:30	1:24:54
12.	108	Mark Williams	Swindon Tri Club	(M) 40-44	3	08:48	00:30	0:38:05	00:25	38:16	1:26:06
13.	49	Edward Goodwyn		(M) 45-49	2	08:37	01:29	0:38:06	00:51	37:30	1:26:35
14.	127	Tom Cary		(M) 25-29	4	06:30	00:31	0:41:31	00:32	39:00	1:28:05
15.	123	Tony Fields		(M) 35-39	4	08:28	01:07	0:41:29	00:45	36:15	1:28:06
16.	125	Rob Scott		(M) 40-44	4	08:02	01:43	0:40:42	01:18	36:30	1:28:17
17.	107	Howard Smith		(M) 40-44	5	07:48	01:28	0:41:38	01:08	36:17	1:28:21
18.	109	John O'Grady	Chiltern Tri	(M) 45-49	3	09:02	01:59	0:41:07	01:32	34:51	1:28:33
19.	57	Matt Jones		(M) 35-39	5	08:38	01:27	0:42:59	00:56	34:39	1:28:41
20.	128	Chris Hatch		(M) 25-29	5	07:50	00:57	0:42:06	00:50	37:05	1:28:49
21.	158	Guy Barlow		(M) 40-44	6	06:22	01:24	0:42:04	00:40	38:51	1:29:23
2.	149	Jen Lande	Hillingdon Triathletes	(F) 35-39	1	07:10	03:09	0:41:41	01:06	36:19	1:29:27
22.	135	David Vials		(M) 40-44	7	07:49	01:36	0:41:09	00:33	38:28	1:29:36
23.	157	Thomas Winter		(M) 20-24	2	06:27	02:18	0:42:52	00:32	38:08	1:30:18
24.	134	Kevin Carter		(M) 45-49	4	08:19	01:43	0:40:27	01:37	38:15	1:30:23
25.	153	Sam Franklin		(M) 25-29	6	06:48	00:46	0:42:32	01:42	39:06	1:30:55
26.	72	David Smith		(M) 35-39	6	09:38	01:28	0:40:48	00:51	38:48	1:31:36
27.	106	Matt Flowerday		(M) 55-59	1	08:38	00:53	0:42:52	01:06	38:17	1:31:47
28.	86	Robert Flowerday		(M) 20-24	3	08:09	01:02	0:43:38	01:07	37:50	1:31:48
29.	140	Simon Dixon		(M) 45-49	5	07:36	02:10	0:42:46	01:12	38:04	1:31:50
30.	118	James Davies	Knight Frank	(M) 25-29	7	07:47	00:45	0:44:09	00:37	38:49	1:32:09
31.	146	Josh Gaines		(M) 15-19	2	05:34	02:19	0:42:55	00:22	41:00	1:32:12
32.	131	Rob Payne	Hillingdon Triathletes	(M) 45-49	6	08:01	01:55	0:40:50	01:08	40:27	1:32:24

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Pos.	Bibno.	Participant	Club/Sponsor	Category	CatPos.	Swim	T1	Bike	T2	Run	Finish Time
33.	59	Richard Ruffell		(M) 55-59	2	10:21	02:25	0:41:06	01:01	37:34	1:32:29
34.	74	Alex Stewart		(M) 25-29	8	09:08	01:32	0:44:46	00:51	36:49	1:33:07
35.	69	Des Byrne		(M) 55-59	3	09:27	01:28	0:41:39	01:17	39:23	1:33:17
36.	112	Jay Grigson		(M) 30-34	1	08:41	00:57	0:45:21	01:19	36:56	1:33:17
37.	132	Tony Gaines		(M) 45-49	7	07:25	01:38	0:42:21	01:06	40:59	1:33:31
38.	64	Jake Wainwright		(M) 40-44	8	09:32	03:01	0:43:12	01:26	36:29	1:33:42
39.	85	James Dauncey		(M) 45-49	8	08:47	01:33	0:43:22	00:22	39:57	1:34:04
40.	68	Sam Hine		(M) 40-44	9	09:29	02:12	0:43:14	01:25	38:02	1:34:24
41.	52	Jasper Boersma		(M) 45-49	9	09:03	01:38	0:43:38	00:42	40:07	1:35:10
42.	5	Andrew Wingfield		(M) 50-54	1	11:21	01:29	0:41:48	00:49	39:47	1:35:16
43.	78	Andrew Connell		(M) 45-49	10	06:38	03:11	0:42:12	01:20	42:19	1:35:42
3.	139	Liz Dickinson		(F) 25-29	1	07:31	01:07	0:43:46	01:17	42:25	1:36:08
44.	30	David Leech		(M) 30-34	2	10:00	01:20	0:43:58	00:57	40:06	1:36:23
45.	56	Nick Davis		(M) 45-49	11	09:32	01:49	0:40:57	04:03	40:17	1:36:41
4.	81	Joanna Payne	3C Cycles	(F) 25-29	2	09:03	01:28	0:42:37	01:32	42:35	1:37:17
46.	25	Richard Brash		(M) 40-44	10	09:52	01:47	0:43:37	01:31	40:27	1:37:17
47.	126	Tim Beck		(M) 25-29	9	07:31	02:27	0:44:55	01:26	41:06	1:37:27
48.	120	Chris Allen		(M) 15-19	3	07:09	01:27	0:43:17	01:04	44:53	1:37:53
49.	46	Ian Tupman		(M) 50-54	2	08:49	01:46	0:44:06	01:36	41:57	1:38:16
50.	142	Steve Wiles		(M) 45-49	12	06:51	02:18	0:44:47	01:32	43:31	1:39:01
51.	84	Dominic Woodmansee		(M) 40-44	11	08:57	01:51	0:42:58	00:48	44:28	1:39:04
52.	79	Darren Peart		(M) 45-49	13	08:53	01:48	0:44:20	01:09	42:54	1:39:06
5.	66	Kate Bailey		(F) 45-49	1	08:34	02:01	0:46:33	01:22	40:39	1:39:11
6.	94	Sam Lane		(F) 45-49	2	08:38	02:10	0:43:54	01:20	43:20	1:39:24
7.	43	Miranda Dunstan		(F) 35-39	2	10:42	01:08	0:44:32	00:53	42:36	1:39:54
53.	65	David Nathan		(M) 45-49	14	09:35	02:32	0:43:28	00:59	43:26	1:40:02
54.	102	Simon Robinson		(M) 55-59	4	09:17	01:50	0:44:18	01:01	44:50	1:41:18
55.	163	Simon Cole		(M) 50-54	3	12:42	02:05	0:45:59	01:04	39:53	1:41:45
8.	48	Elaine Bunn		(F) 40-44	2	11:32	02:29	0:46:39	00:32	40:37	1:41:52
9.	122	Amanda Smith		(F) 35-39	3	07:55	01:05	0:46:01	00:34	46:30	1:42:08
10.	70	Louise Newman		(F) 50-54	1	10:10	01:20	0:46:02	00:55	43:40	1:42:09
11.	113	Sofie Cole		(F) 45-49	3	08:20	01:20	0:46:32	01:44	44:23	1:42:22
56.	99	Alistair Spooner		(M) 40-44	12	08:46	02:51	0:49:05	01:27	40:24	1:42:36
57.	44	Paul Warwick		(M) 35-39	7	09:13	02:32	0:45:50	00:46	44:43	1:43:06
58.	38	Justin Ashby		(M) 40-44	13	09:33	02:42	0:47:04	01:35	42:18	1:43:14
59.	47	Graham Appleyard		(M) 45-49	15	07:36	02:17	0:43:56	01:12	48:44	1:43:47
60.	19	Shawn Baggs		(M) 35-39	8	14:41	03:08	0:46:23	00:47	39:08	1:44:09

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61.	26	Ross Lambert		(M) 25-29	10	11:30	02:24	0:52:24	00:30	37:24	1:44:14
62.	9	Royce Williams		(M) 30-34	3	08:39	04:43	0:47:16	00:55	42:41	1:44:15
63.	40	Charlie Sabel		(M) 50-54	4	11:43	02:36	0:45:28	02:22	42:10	1:44:19
12.	114	Jennifer Scott		(F) 35-39	4	07:58	01:16	0:49:58	00:39	44:36	1:44:29
13.	141	Alice Kelway-Bamber		(F) 25-29	3	08:45	01:19	0:49:15	01:12	44:26	1:44:59
14.	76	Rachel Robinson		(F) 35-39	5	09:09	01:52	0:48:48	00:32	46:07	1:46:31
64.	37	Alex Grover		(M) 25-29	11	09:48	04:20	0:47:49	01:08	43:46	1:46:53
15.	164	Claire Readey	Durham Triathlon Club	(F) 40-44	3	14:06	02:39	0:48:06	01:18	40:44	1:46:55
16.	62	Anna Last		(F) 25-29	4	08:46	02:10	0:56:30	00:25	40:00	1:47:52
65.	117	Toby Sayers		(M) 20-24	4	07:12	02:32	0:51:29	00:21	47:02	1:48:38
66.	100	Enrique Soler		(M) 35-39	9	08:28	02:13	0:53:56	00:33	43:28	1:48:41
67.	105	Ben Bunn		(M) 40-44	14	09:11	02:24	0:51:45	00:22	45:00	1:48:43
17.	61	Annette Connell		(F) 40-44	4	09:30	02:19	0:47:31	01:29	48:12	1:49:04
68.	20	Mark Spanswick		(M) 50-54	5	12:36	02:58	0:46:36	01:40	45:24	1:49:16
69.	11	Alex Macindoe		(M) 30-34	4	10:33	01:17	0:50:54	01:08	45:50	1:49:44
18.	104	Alison Ostrer	Core Strength	(F) 55-59	1	11:46	02:27	0:47:16	01:36	46:40	1:49:47
70.	97	Nick Crompton		(M) 40-44	15	08:19	02:34	0:48:20	02:06	48:33	1:49:54
71.	55	Richard Baker		(M) 30-34	5	11:21	03:50	0:48:42	00:47	45:24	1:50:05
72.	21	Iain Jackson	none	(M) 35-39	10	12:00	04:03	0:50:17	01:52	42:03	1:50:17
73.	31	Jonathan Harker		(M) 50-54	6	11:53	04:05	0:50:53	01:02	42:47	1:50:42
74.	42	Steve Allen		(M) 45-49	16	10:25	02:26	0:48:35	01:27	47:53	1:50:49
19.	166	Claire Andersen		(F) 35-39	6	12:20	03:51	0:51:46	01:14	41:54	1:51:06
75.	54	Luke Silverton		(M) 40-44	16	08:07	03:17	0:48:26	01:30	49:51	1:51:14
20.	41	Kate Woodmansee		(F) 45-49	4	10:40	02:33	0:52:25	01:52	43:42	1:51:15
76.	32	Matt Lumb		(M) 45-49	17	11:37	03:20	0:52:04	00:43	43:55	1:51:41
77.	60	Michael Plowman		(M) 50-54	7	11:12	03:22	0:46:41	01:38	49:14	1:52:08
78.	29	Edward Murray		(M) 50-54	8	11:59	02:54	0:54:26	00:36	42:17	1:52:12
21.	138	Kate Walker		(F) 40-44	5	08:17	02:42	0:50:07	00:53	52:05	1:54:06
79.	129	James Baxter		(M) 35-39	11	14:23	03:35	0:48:09	02:51	45:25	1:54:24
80.	103	Mathew Lewis		(M) 25-29	12	09:28	02:04	0:51:12	01:13	50:38	1:54:37
81.	58	Greg Pitcher	Shires Triers	(M) 35-39	12	09:32	01:54	1:00:30	00:44	42:00	1:54:42
22.	165	Derah McCall		(F) 35-39	7	10:16	02:26	0:54:50	00:41	47:40	1:55:55
82.	73	James Beck	Knight Frank	(M) 35-39	13	13:38	03:00	0:52:50	02:36	44:49	1:56:55
83.	1	Steve Freer		(M) 45-49	18	13:55	01:53	0:50:06	01:20	50:09	1:57:26
84.	16	Deniz Ombesh		(M) 45-49	19	11:12	04:07	0:51:55	01:53	48:41	1:57:50
85.	89	Richard Bowen		(M) 50-54	9	10:13	03:39	0:54:41	01:09	48:23	1:58:07
23.	36	Carrie Harris		(F) 40-44	6	10:13	03:05	0:52:06	00:59	52:54	1:59:19

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Pos.	Bibno.	Participant	Club/Sponsor	Category	CatPos.	Swim	T1	Bike	T2	Run	Finish Time	
24.	63	Lauren Grignon		(F) 30-34	1	10:15	02:59	0:54:32	01:49	49:43	1:59:20	
25.	17	Carolyn Squire		(F) 55-59	2	14:22	02:18	0:56:22	00:37	47:31	2:01:12	
26.	50	Kate Goodwyn		(F) 45-49	5	10:57	04:33	0:53:52	00:58	51:16	2:01:39	
86.	53	Alan Grover		(M) 55-59	5	10:19	03:42	0:51:27	01:00	55:12	2:01:42	
27.	2	Eleanor Keohane		(F) 40-44	7	11:04	02:37	0:57:23	02:19	49:04	2:02:29	
87.	24	Jeremy Reilly		(M) 35-39	14	14:29	03:46	0:58:00	02:38	45:28	2:04:24	
28.	18	Natalia Delfino	Serpentine Running Club	(F) 35-39	8	12:26	02:04	0:59:55	01:12	50:45	2:06:23	
29.	28	Sarah Whitehead		(F) 50-54	2	11:49	02:48	0:52:09	01:18	59:58	2:08:04	
88.	33	Gary Brine		(M) 40-44	17	13:00	03:09	1:12:37	03:00	39:09	2:10:56	
30.	7	Jemma Scott	Knight Frank	(F) 40-44	8	17:19	03:01	1:09:48	00:54	61:29	2:32:33	
89.	144	Matt Robinson		(M) 35-39	15	07:08	01:15	0:29:12	00:41	46:02	1:24:21	DSQ
90.	147	Sam Webster		(M) 25-29	13	06:50	00:42	0:56:38		1:04:10	DNF	
31.	130	Janine Doggett	BAD Tri	(F) 35-39	9	08:13	01:11			0:09:25	DNF	
32.	34	Natasha Brine		(F) 35-39	10	12:12	03:30			0:15:43	DNF	

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